

# IS THE LAND OF PLENTY *STARVING*?



Of the nearly 323 million individuals who live in the United States, almost **7% make their home in a food desert.**



That means more than **23 million Americans**, including millions of children, are without consistent or easy access to fresh, nutrient-dense meals and groceries.<sup>1</sup>



Some of the traumatic effects these food deserts have on public health include **growing rates of chronic disease and obesity.**